







Yarmouk University

Faculty of Educational Sciences

Ph.D. in Psychological Counseling

Program Overview

The PhD program in Psychological Counseling aims to equip students with the knowledge and skills necessary to work as psychological counsellors in various fields such as schools and educational institutions, hospitals, psychological centers, and international organizations. The program offers a balanced blend of psychological theories, scientific research, and practical training to ensure the preparation of graduates capable of efficiently facing professional challenges.

The program includes an in-depth study of key topics such as psychological theories, counseling methods and techniques, psychological assessment, psychological and behavioral problems, and psychotherapy. In addition to theoretical subjects, the program provides practical training opportunities by working in counseling centers and clinics, enabling students to apply theoretical concepts in real-world practical contexts.

The program aims to develop students' abilities to provide effective counseling in various areas such as mental health, career guidance, family and marital counseling, and academic counseling. By combining academic knowledge with practical training, the program seeks to prepare experienced psychological counsellors capable of addressing mental health challenges and enhancing the psychological well-being of individuals in society.

Program Vision

The doctoral program in psychological counseling aims to be a leader nationally and internationally in preparing researchers and specialists capable of developing and implementing the latest methods and tools in the field of psychological counseling. This enhances the quality of education, contributes to improving institutional and educational performances, and enables the provision of advanced psychological services that meet the needs of individuals and communities across all specializations.

Program Mission

The program's mission is to prepare highly competent specialists and researchers in the field of Psychological Counseling. The doctoral program focuses on outstanding scientific research and innovative practices, aiming to develop students' critical analysis and creative thinking abilities. It empowers them to provide professional and ethical psychological consultations that enhance individuals' mental health and promote community well-being. The program seeks to equip students with advanced theoretical knowledge and practical skills to conduct scientific research that contributes to the development of the educational process.

Program Objectives

The PhD program in Psychological Counseling aims to:

- Develop practical skills by providing intensive practical training that enables students to apply what they have learned in real-life situations.
- Enhance personal skills including communication, problem-solving, and critical thinking skills.
- Prepare specialized human resources in the field of psychological counselling, scientifically qualified with depth, competence, and the ability to innovate and renew, enabling them to contribute to advancing scientific progress in serving the community through the provision of psychological and educational services.
- Supply the community with graduates capable of conducting original scientific research that addresses the problems faced by Jordanian society.
- Apply evaluation and diagnostic methods and develop supervisory and counselling programs.

Program Outcomes

Upon completion of the PhD program in Psychological Counseling, the student is expected to be able to:

- Professionally and expertly apply counselling procedures and methods derived from various theoretical approaches to real-life cases.
- Develop and implement high-quality counselling programs suitable for different developmental stages and the role of counselling at each stage.
- Analyze and deeply discuss research gaps in the theoretical literature related to counseling and conduct original and rigorous scientific studies that contribute to finding solutions to contemporary psychological issues and publish them in peer-reviewed journals.
- Accurately diagnose various psychological disorders by applying diagnostic criteria and providing effective treatment plans for these disorders.
- Employ theoretical and practical foundations in understanding, diagnosing, and treating family problems and providing excellent services in family and marital counseling.

- Take responsibility and work effectively within a team, adhering to professional ethics and societal values in performing tasks and duties in the field of counseling.
- Commit to continuously developing and deepening their knowledge, skills, and personal abilities, generating new knowledge using information and communication technology, and applying its applications to support their work in psychological and educational counseling.
- Supervise and train novice counsellors in employing and using counseling skills and techniques with different counseling cases.
- Present unique and advanced ideas and models in psychological consultations for individuals and institutions related to psychological and educational services.

Program Importance

The importance of the PhD program in Psychological Counseling lies in its focus on improving mental health across all segments of society. This advanced specialization offers comprehensive education that integrates theoretical knowledge with practical application. It enhances graduates' competence in delivering psychological counseling services and comprehensive field training. The program provides intensive field training opportunities in recognized institutions such as hospitals, international organizations, and educational institutions; it allows students to gain real-world practical experience that prepares them to handle diverse cases effectively.

Targeted Groups and Accepted Majors

Applicants to this program must meet the following criteria:

- 1. Fulfill the requirements of the Higher Education Council.
- 2. Hold a bachelor's and master's degree in a subject qualifying them for specialized study in the department they wish to join, according to the criteria set by the department.
- 3. Graduates of psychology disciplines: Those with a master's degree in Psychological Counseling or its related fields (Family Counseling, Mental Health Counseling, Career Counseling, Rehabilitation Counseling, School Counseling, Community Counseling).
- 4. Graduates of related disciplines: Those with a master's degree in Clinical Psychology.
- 5. Pass the required language proficiency exam for admission to the program as per the decisions of the Higher Education Council.
- 6. Any other conditions determined by the relevant committees and councils.

Job Areas

The PhD program in Psychological Counseling provides graduates with opportunities to

work in various fields, including:

- Local, regional, and international universities.

- Educational institutions such as schools, universities, and vocational training centres.

- Healthcare institutions such as hospitals and health centres.

- International organizations involved in providing psychological and social support.

Credit Hours and Tuition Fees

The program requires students to successfully complete (54) credit hours.

The cost per credit hour is:

For Jordanian students is 100 Jordanian dinars.

For non-Jordanian students is 350 US dollars.

Study Plan Overview

The program requires students to complete (36) credit hours from courses at the doctoral

level (700 level), in addition to any additional courses deemed necessary by the

department that were not covered in the student's previous studies. Additionally, students

are required to pass a comprehensive examination after completing the courses.

Furthermore, students are required to register for the thesis, comprising (18) credit hours,

during which they conduct field research, prepare the thesis, and successfully defend it.

Before defending their thesis, students must also pass the acceptance for publication of a

research paper in one of the university's peer-reviewed and approved journals, derived

from their theses.

Contact Information

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